



# WESTERN SUSSEX SOCCER YOUTH ASSOCIATION

## U-5 Rules

Fall 2019

- 5 Minutes quarters with 1-minute quarter and half-time breaks
- Size 3 Rainbow Ball
- 4v4 No keeper (Minimum number of players is 2v2)
- Player are not permitted to use hands
- No Player is permitted in the RED ARCH in front of goals
  - If an offensive player scores within the RED ARCH, it will not count as a score
  - If a defensive player enters the RED ARCH to stop a score, the offensive team will get a free kick on goal with no defense at the RED dot on field
- Goal Kicks will be taken from the end goal line
  - Opposing team must be behind midline during goal kick
- During corner kicks all players can be in the same half of field as the ball
- No Throw Ins
  - Ball will be put back in play from and indirect kick from the sideline
- NO HEADERS
- NO SLIDE TACKLES
- NO laying on ground to play the ball
- Kicking ball from start of game into goal will not count
- Direct Kick - does not have to touch player for a score
- Indirect Kick - must touch a player for a score
- NO PLAYER IS TO BE USED AS A SHIELD IN FRONT OF THE GOAL
- NO JEWELRY AND LONG HAIR SHOULD BE TIED WITH A SOFT TIE
- SHIN GUARDS REQUIRED AND MUST BE WORN UNDER SOCCER SOCKS
- SOCCER CLEATS ARE OPTIONAL BUT RECOMMENDED AT THIS AGE