



## WSYSA COACH RULES

-UNIFORMS=HOME-WHITE    AWAY=BLUE

-No additions to team rosters unless approved by a board member.

-Practices shall not start before 5:30pm during the week

-Encourage good sportsmanship

    Line up and high five opposing team after every game

    Fist bump and thank the referees after every game

-Treat referees, other coaches, volunteers, players and parents with respect. Zero tolerance.

-Slaughter rule

    When you reach a lead of 5 goals the referee will pull the last scoring player and you will continue play a man down. If another goal is scored that scoring player will be removed. This will continue until the opposing team scores. At that time, 1 player may be added back. This continues back and forth so long as the lead is greater than 5 goals. The scoring player may be substituted back in at any time. This isn't meant to be a punishment. Any questions, please ask me.

-Players must all have equal play time regardless of talent, ability or how many practices they were able to attend.

-Players must follow equipment requirements. Shin guards, cleats, mouth guards, no jewelry, hair tied

-Goal keepers must wear a pinnie, jersey or goalie shirt of some sort that is NOT white or blue

-Players and coaches must stay in their assigned area during the game

-Substitutions must enter the field at the center/mid field line at the permission of the referee. They may exit at any point to get off the field as quickly as possible.

-Games balls will be league provided balls and are in the possession of the referee

-Must follow concussion policy

    Have an action plan at all games and practices

If player takes a hit to the head, contact myself or Stacey Mariner (found at concession stand) so that we may check the player. Give parent a concussion sheet, provided in your folder, so that they know what to look for. Player is not permitted to return to play that day.

-Headers are only allowed in some divisions. Refer to your division rules sheet, also found on our website.

-Help us keep things cleaned up. Have your players get rid of any trash they may have and not just leave it on the ground.

-NO SMOKING-NO VAPING EXCEPT DESIGNATED AREAS

-NO PETS-NO ALCOHOL-NO FOUL LANGUAGE-NO EXCEPTIONS

-IF YOU HAVE AN ASST COACH, YOU MUST LET THE BOARD KNOW AND THEY MUST HAVE A BACKGROUND CHECK IF THEY ARE OVER 18 YRS OLD

Incllement weather:

I will text you by 8am Saturday morning with any cancellation or late starts. We will play in the rain but not downpours or lightning. Once you have been notified, you will need to notify your players right away.

Thank you for volunteering! We appreciate you so much. I hope that you find this as rewarding as we do. If you have any questions or problems or any problems with parents or players, don't hesitate to ask me for help. We want to know what's going on and we have your interest at heart. Thanks again.

Diana Dixon

WSYSA President

302 228-8937

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