



# WESTERN SUSSEX SOCCER YOUTH ASSOCIATION

## **2020 Fall Season**

**Play for U8/U10/U12/14U only**

**Opening day is Sept 26, Saturday and final game is Nov 7<sup>th</sup>.**

We will be playing 5 v 5 which includes your goalie

There will be two 15 minute halves with a 3 minute half time break

U8 and U10 will use a size 3 ball and U12 and 14U will use a size 4 ball

Ball can be returned into play from out of bounds by dribbling right back in, kicking in or throwing in. If thrown in proper over head throws with both feet on ground will be enforced.

All return to play, goal kicks, kick offs must contact another player before entering the goal to count. In other words, no direct kicks and this includes any "penalty kicks" awarded.

There is only 1 area or goal box where the goalie can pick up the ball. Goalies will be held to regular FIFA standards of play.

There will be no offsides called but there will be no offensive player allowed to be "positioned" behind the colored line. So no "cherry picking". Players must be actively in motion and playing the ball.

These are the rules we use for our Summer Rush Tournaments. The rules create a very fast paced exciting game. It has been well received by those who have played this format. With the CDC guidelines requiring us to have smaller teams, smaller fields, shorter game times and staggered start times; the Summer Rush format fits the requirements perfectly. Lets have fun guys! And as always shin guards, soccer style cleats, jerseys required. And restrain loose long hair, no jewelry and mouth guards must be worn if you have braces. Goalies must wear a color other than blue or white shirt/pinnie.

## **CDC guidelines**

Spectators and coaches/volunteers must wear masks when unable to socially distance themselves from members outside of their household. Players must distance themselves while on sidelines. No sharing of equipment without sanitation. Do not bring your own soccer ball from home. Coaches will sanitize their equipment between practices and games. Coaches have hand sanitizing spray for the kids and themselves to use. That along with smaller teams, shorter games and no contact such as fist bumps or high fives and referee guidelines we will make the environment as safe as possible. Please understand that your participation in the league is voluntary and by participating you agree not to hold WSYSA responsible for any illness that may occur. We will vet the kids at each practice and game and ask that you please stay home if anyone in your household is ill or fevered or may have been exposed to someone who is ill or fevered. Together with some good common sense we can have a safe soccer season for our kids.